

**Toxic Food Environment Study**  
**UBS Assessment Checklist for Restaurants**

Restaurant Name: \_\_\_\_\_ Census Tract: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / 97

Address: \_\_\_\_\_

Recorders: \_\_\_\_\_

Type of Service: \_\_\_\_\_ CODE:

- \_\_\_ 1 Fast Food (ordered and obtained at service counter) \_\_\_\_\_
- \_\_\_ 2 Take Out / Drive Thru **ONLY** \_\_\_\_\_
- \_\_\_ 3 Quick Food (ordered at service counter and delivered to table)
- \_\_\_ 4 Cafeteria style
- \_\_\_ 5 Restaurant with waiters
- \_\_\_ 6 Other: \_\_\_\_\_

Type of Cuisine: \_\_\_\_\_ CODE:

- \_\_\_ 1 African-American / Soul Food \_\_\_\_\_
- \_\_\_ 2 Mexican / Tex-Mex \_\_\_\_\_
- \_\_\_ 3 Southwestern (e.g. NM, AZ, CA)
- \_\_\_ 4 Italian
- \_\_\_ 5 Oriental (e.g. Chinese, Vietnamese, Japanese, Thai)
- \_\_\_ 6 Barbeque
- \_\_\_ 7 Middle Eastern (e.g. Greek, Lebanese)
- \_\_\_ 8 Southern (e.g. Blackeyed Pea)
- \_\_\_ 9 Upscale
- \_\_\_ 10 Other: \_\_\_\_\_

Restaurant Location: \_\_\_\_\_ CODE:

- \_\_\_ 1 Inside a hotel / motel \_\_\_\_\_
- \_\_\_ 2 Alone with own parking \_\_\_\_\_
- \_\_\_ 3 In a shopping mall or center
- \_\_\_ 4 Street front store
- \_\_\_ 5 Street Vendor

Restaurant Characteristics: \_\_\_\_\_ CODE:

1. Cleanliness \_\_\_\_\_
- 1 – very clean - no spills or dirt on floor or tables; employees clean; no evidence of pests or vermin
  - 2 – adequate - few spills or dirt on floor or tables; employees clean; no evidence of pests or vermin
  - 3 – dirty - spills or dirt on floor or tables; employees not clean; evidence of pests or vermin

2. Odors / Smells \_\_\_\_\_ CODE:

- 1 – good - no unpleasant odors present; smells clean and fresh
- 2 – adequate - no unpleasant odors present; BUT does **NOT** smell clean and fresh
- 3 – poor - unpleasant odors present; does **NOT** smell clean and fresh

## BREAKFAST OFFERINGS

CODE: \_\_\_\_\_

Is restaurant open for Breakfast?

Yes <sub>1</sub>

No <sub>2\*\*</sub>

**\*\* IF "NO", please skip to "Lunch Offerings"**

### Beverages:

⇒ Combine all soft drinks to count as one beverage.

Number of Beverages \_\_\_\_\_

\_\_\_\_\_

Number of F or V only Beverages (e.g. juices) \_\_\_\_\_

\_\_\_\_\_

Number of other Beverages w/ F or V (e.g. smoothies) \_\_\_\_\_

\_\_\_\_\_

List 3 most common Fruit or Veggies in Beverages

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

### Fruit:

1 Oranges

\_\_\_\_\_

2 Apples

\_\_\_\_\_

3 Applesauce

\_\_\_\_\_

4 Bananas

\_\_\_\_\_

5 Other: \_\_\_\_\_

\_\_\_\_\_

6 Other: \_\_\_\_\_

\_\_\_\_\_

### Vegetables:

1 Potatoes

\_\_\_\_\_

2 Onions

\_\_\_\_\_

3 Eggs with Mixed Vegetables

\_\_\_\_\_

4 Other: \_\_\_\_\_

\_\_\_\_\_

5 Other: \_\_\_\_\_

\_\_\_\_\_

## LUNCH OFFERINGS

- ⇒ Include only items on main menu. NOT package deals that are combinations of items on main menu.
- ⇒ “Vegetarian” is defined to mean a dish with a substantial portion coming from fruit or veggies, and allows milk and egg products in “vegetarian” dishes.
- ⇒ Do NOT count as fruit or veggies: coconut, avocado/guacamole, olives or pickles.
- ⇒ DO count legumes as a vegetable.
- ⇒ If menu item is available in more than one variation, count each as separate item (e.g. Nacho salad available with black beans OR steak counts as TWO menu items).

Is restaurant open for Lunch?	<input type="checkbox"/> Yes <sub>1</sub>	<input type="checkbox"/> No <sub>2**</sub>	<u>CODE:</u> _____
Are there separate lunch & dinner menus?	<input type="checkbox"/> Yes <sub>1</sub>	<input type="checkbox"/> No <sub>2</sub>	_____

**\*\* IF “NO”, please skip to “Dinner Offerings”**

<u>Appetizers / Hors d’oeuvres:</u>	<u>CODE:</u>
Number of Appetizers / Hors d’oeuvres _____	_____
Number of Vegetarian (F or V) Appetizers / Hors d’oeuvres _____	_____
Number of other Appetizers / Hors d’oeuvres w/ F or V _____	_____
List 3 most common F or V in Appetizers / Hors d’oeuvres	
1. _____	_____
2. _____	_____
3. _____	_____

<u>Soups:</u>	<u>CODE:</u>
Number of Soups _____	_____
Number of Vegetarian (F or V) Soups _____	_____
Number of other Soups w/ F or V _____	_____
List 3 most common F or V in Soups	
1. _____	_____
2. _____	_____
3. _____	_____

<u>Salads (side or entrée):</u>	<u>CODE:</u>
Salad Bar available? <input type="checkbox"/> Yes <sub>1</sub> <input type="checkbox"/> No <sub>2**</sub>	_____
Number of Salads other than salad bar _____	_____
Number of Vegetarian (F or V) Salads _____	_____
Number of other Salads w/ F or V _____	_____
List 3 most common F or V in Salads	
1. _____	_____
2. _____	_____
3. _____	_____

Main Courses (not counting "deals"/combos, pizza, sandwiches, tacos, burgers or wraps): CODE:

Are vegetables offered mainly as a series of side dishes/orders  
OR as part of a complex dish?  Side <sub>1</sub>  Complex <sub>2</sub> \_\_\_\_\_

Number of Main Courses \_\_\_\_\_

Number of Vegetarian (F or V) Main Courses \_\_\_\_\_

Number of other Main Courses w/ F or V  
(when F/V used more than for garnish or flavor) \_\_\_\_\_

List 6 most common F or V in Main Courses

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Side Dishes: CODE:

Number of Side Dishes \_\_\_\_\_

Number of Fruit Side Dishes \_\_\_\_\_

Number of other Vegetarian Side Dishes \_\_\_\_\_

Number of other Side Dishes with F or V \_\_\_\_\_

List 6 most common F or V in Side Dishes

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Sandwiches (including burgers, tacos and wraps): CODE:

Number of Sandwiches \_\_\_\_\_

Number of Vegetarian Sandwiches \_\_\_\_\_

Number of other Sandwiches w/ F or V \_\_\_\_\_

Number of separate Sandwich toppings \_\_\_\_\_

Number of separate Vegetarian (F or V) Sandwich toppings \_\_\_\_\_

List 6 most common F or V in Sandwiches or toppings

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Pizzas:

CODE:

- Number of Pizzas \_\_\_\_\_
- Number of Vegetarian Pizzas \_\_\_\_\_
- Number of other Pizzas w/ F or V \_\_\_\_\_
- Number of Pizza toppings \_\_\_\_\_
- Number of Vegetarian toppings for Pizza \_\_\_\_\_
- List 3 most common F or V for Pizza

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

Desserts:

CODE:

- Number of Desserts \_\_\_\_\_
- Number of F or V alone Desserts \_\_\_\_\_
- Number of other Desserts w/ F or V \_\_\_\_\_
- List 3 most common F or V in Desserts
- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

Beverages:

⇒ Combine all soft drinks to count as one beverage.

- Number of Beverages \_\_\_\_\_
- Number of F or V only Beverages (e.g. juices) \_\_\_\_\_
- Number of other Beverages w/ F or V (e.g. smoothies) \_\_\_\_\_
- List 3 most common Fruit or Veggies in Beverages
- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

\_\_\_\_

## **DINNER / SUPPER OFFERINGS**

- ⇒ Include only items on main menu. NOT package deals that are combinations of items on main menu.
- ⇒ “Vegetarian” is defined to mean a dish with a substantial portion coming from fruit or veggies, and allows milk and egg products in “vegetarian” dishes.
- ⇒ Do NOT count as fruit or veggies: coconut, avocado/guacamole, olives or pickles.
- ⇒ DO count legumes as a vegetable.
- ⇒ If menu item is available in more than one variation, count each as separate item (e.g. Nacho salad available with black beans OR steak counts as TWO menu items).

CODE:

Is restaurant open for dinner?                       Yes <sub>1</sub>                       No <sub>2\*\*</sub>                      \_\_\_\_\_

Are there separate lunch & dinner menus?       Yes <sub>1</sub>                       No <sub>2</sub>                      \_\_\_\_\_

**\*\* IF “NO”, please stop here.**

Appetizers / Hors d’oeuvres:

CODE:

Number of Appetizers / Hors d’oeuvres \_\_\_\_\_                      \_\_\_\_\_

Number of Vegetarian (F or V) Appetizers / Hors d’oeuvres \_\_\_\_\_                      \_\_\_\_\_

Number of other Appetizers / Hors d’oeuvres w/ F or V \_\_\_\_\_                      \_\_\_\_\_

List 3 most common F or V in Appetizers / Hors d’oeuvres

1. \_\_\_\_\_                      \_\_\_\_\_

2. \_\_\_\_\_                      \_\_\_\_\_

3. \_\_\_\_\_                      \_\_\_\_\_

Soups:

CODE:

Number of Soups \_\_\_\_\_                      \_\_\_\_\_

Number of Vegetarian (F or V) Soups \_\_\_\_\_                      \_\_\_\_\_

Number of other Soups w/ F or V \_\_\_\_\_                      \_\_\_\_\_

List 3 most common F or V in Soups

1. \_\_\_\_\_                      \_\_\_\_\_

2. \_\_\_\_\_                      \_\_\_\_\_

3. \_\_\_\_\_                      \_\_\_\_\_

Salads (side or entrée):

CODE:

Salad Bar available?                       Yes <sub>1</sub>                       No <sub>2\*\*</sub>                      \_\_\_\_\_

Number of Salads other than salad bar \_\_\_\_\_                      \_\_\_\_\_

Number of Vegetarian (F or V) Salads \_\_\_\_\_                      \_\_\_\_\_

Number of other Salads w/ F or V \_\_\_\_\_                      \_\_\_\_\_

List 3 most common F or V in Salads

1. \_\_\_\_\_                      \_\_\_\_\_

2. \_\_\_\_\_                      \_\_\_\_\_

3. \_\_\_\_\_                      \_\_\_\_\_

Main Courses (not counting "deals"/combos, pizza, sandwiches, tacos, burgers or wraps): CODE:

Are vegetables offered mainly as a series of side dishes/orders

OR as part of a complex dish?  Side <sub>1</sub>  Complex <sub>2</sub> \_\_\_\_\_

Number of Main Courses \_\_\_\_\_

Number of Vegetarian (F or V) Main Courses \_\_\_\_\_

Number of other Main Courses w/ F or V  
(when F/V used more than for garnish or flavor) \_\_\_\_\_

List 6 most common F or V in Main Courses

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Side Dishes: CODE:

Number of Side Dishes \_\_\_\_\_

Number of Fruit Side Dishes \_\_\_\_\_

Number of other Vegetarian Side Dishes \_\_\_\_\_

Number of other Side Dishes with F or V \_\_\_\_\_

List 6 most common F or V in Side Dishes

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Sandwiches (including burgers, tacos and wraps): CODE:

Number of Sandwiches \_\_\_\_\_

Number of Vegetarian Sandwiches \_\_\_\_\_

Number of other Sandwiches w/ F or V \_\_\_\_\_

Number of separate Sandwich toppings \_\_\_\_\_

Number of separate Vegetarian (F or V) Sandwich toppings \_\_\_\_\_

List 6 most common F or V in Sandwiches or toppings

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Pizzas:

CODE:

Number of Pizzas \_\_\_\_\_

Number of Vegetarian Pizzas \_\_\_\_\_

Number of other Pizzas w/ F or V \_\_\_\_\_

Number of Pizza toppings \_\_\_\_\_

Number of Vegetarian toppings for Pizza \_\_\_\_\_

Desserts:

CODE:

Number of Desserts \_\_\_\_\_

Number of F or V alone Desserts \_\_\_\_\_

Number of other Desserts w/ F or V \_\_\_\_\_

List 3 most common F or V in Desserts

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Beverages:

⇒ Combine all soft drinks to count as one beverage.

Number of Beverages \_\_\_\_\_

Number of F or V only Beverages (e.g. juices) \_\_\_\_\_

Number of other Beverages w/ F or V (e.g. smoothies) \_\_\_\_\_

List 3 most common Fruit or Veggies in Beverages

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_